

...BECAUSE WE HAVE A LOT IN COMMON!

Yes! The new edition of the EDSA Magazine is ready. Many EDSA delegates and others have been busy to offer you this spring edition. Spring, the time of the year when all the flowers start to grow, the field becomes green, the sun shines and life is easy and perfect. Do you enjoy this? I do! Maybe you ask yourself: Why are there so many European dental students active involved in the EDSA? The answer is right on the top of this letter. Thousands and thousands of dental students have to cope with the same problems. The education system, the unique combination of education and practical work, the criteria of a good dentist, the quality of the university, build up of the curriculum and much more. As you see, more similarities appear then differences.

If you want to join us, simply come and experience how great your dental life is already, at the EDSA Congress in Barcelona (8–12 October 1998). You will see many European dental students gathered at the same place. New faces, new friends, scientific news, fun and exploring Barcelona. That is what you want!

The overwhelming number of positive reactions, we received after the autumn edition, has surprised the EDSA Magazine team. Thank you very much. These reactions keep us going and enthusiast. We hope you will be as enthusiastic as we

were after reading this magazine. Do not hesitate to send us your comments, critical notes or compliments.

At last, I would like to thank everybody who contributed to this EDSA Magazine. We really appreciate the contribution of Professor Dr. Rolf Attsrom from the University of Lund, Sweden and hope his article will encourage you to join in the EDSA Virtual Classroom Project. Sit back, start reading, enjoy it and remember.......

JOÍN IN BARCELONA, BECAUSE WE HAVE A LOT IN COMMON!



Casper P. Bots, The Netherlands EDSA General Secretary/Magazine Editor

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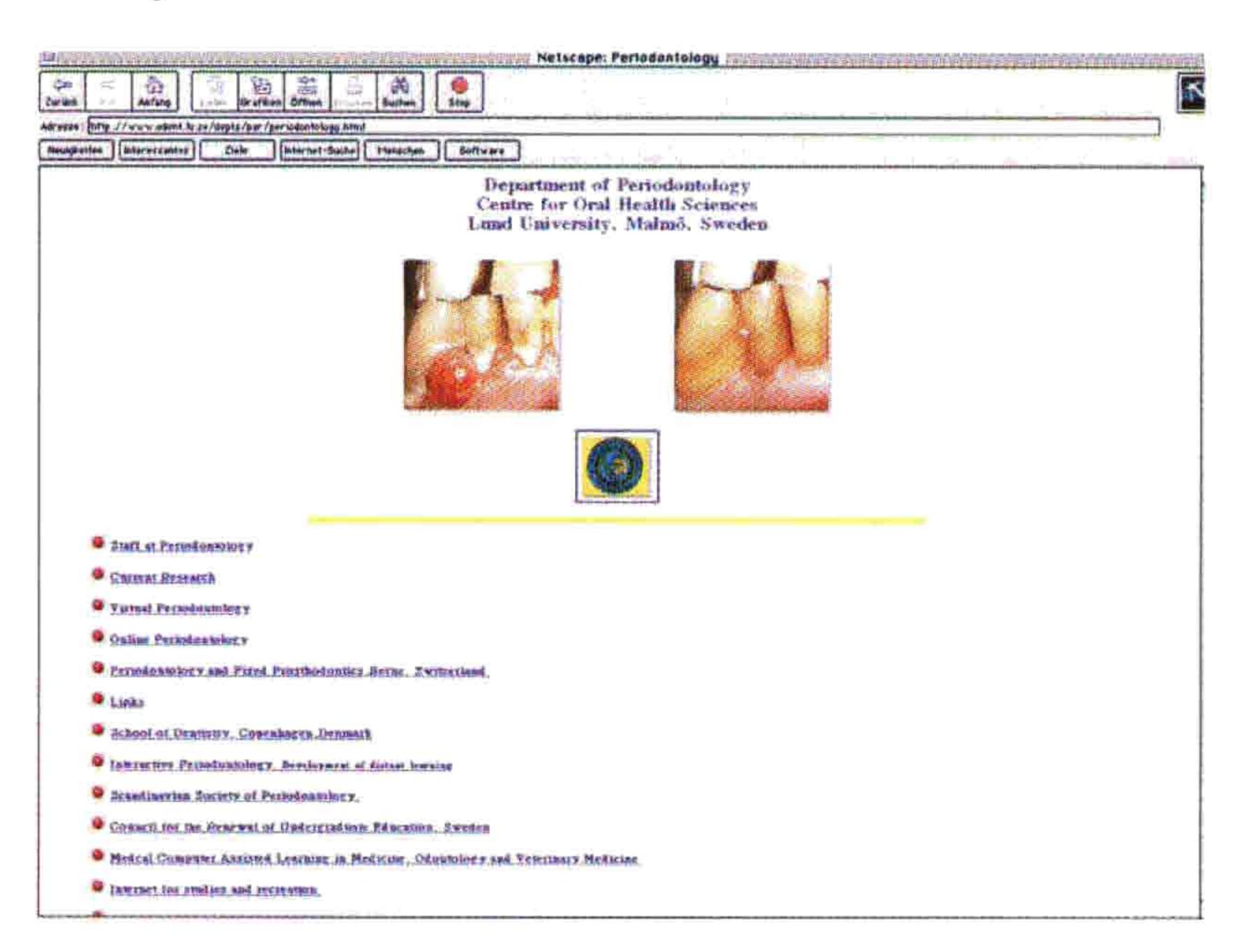
VIRTUAL CURRICULUM AND THE INTERNET

Today's developments of computer technology consisting of experienced academics all over and the hypertext mark up language (htlm) allow for an interactive presentation of text, images, sound and video. In the oral health sciences where scientific and clinical development is rapid, there is a strong need for continuous updating of educational material. The ease by which the material can be updated electronically makes the html technology an excellent instrument for institutions to provide undergraduate as well as postgraduate students with relevant learning material.

As a response to the challange offered by modern technology, multimedia and The Internet, a wide team of distinguished European academics was gathered to desigh the Interactive Periodontology Project. This project came as part of a greater effort to create a Virtual Curriculum in Periodontology, as well, it will stimulate all of the above to further search for knowledge. A workshop in Interactive Periodontology was organized as a beginning for the project. During the workshop learning objectives, document design, evaluation and updating procedures were discussed. Educational sessions were designed using a combination of Problem Based Learning (P.B.L., see page 15), teacher consultations and electronically mediated hypermedia documents. Hypermedia documents were developed in various areas. Text, images, voice and video sections were imbedded in the documents. This material is accessible over Internet using the html technology and links to relevant external material are included as well as links to search functions. The possibility for contacts between the teacher and the student will be given a high priority in the design of the educational sessions.

All material published on the Net will bear a seal of approval from the European Academy of Periodontology or a specially appointed group, so that the highest possible quality will be guaranteed. Since all of this effort is finally directed to students as a way of preparing better qualified scientists for the future, it is self evident that participation of students is of major importance. With the cooperation of EDSA a real classroom could be set up on the Internet. With the guidance of a scientific team,

Europe. This network would resemble a virtual classroom, functioning in the same interactive and vivid way that a real classroom would offer with the ease and comfort of our homes. The project description is already shaped, cooperation with the EDSA executive is already well advanced and soon, organized learning through the Internet would not be a promising idea but an accepted reality.



Technology is rapidly changing the way we practice, the way we learn, the way we live! Today, the Internet and html is adding new amazing possibilities in our effort for a better education, better services to patients and society. Exploring all of these new opportunities is a most rewarding task that will greatly affect the future of our science. You can find more about Interactive Periodontology Projects in the following addresses:

http://www.odont.lu.se/depts/par/periodontology.html http://www.odont.lu.se/depts/par/virtual.html http://www.interactive.odparod.lu.se/workshop/ http://www.molar.unibe.ch/perio/

Information on the EDSA virtual classroom is available at: http://www.newfaces.gr/edsforum

Prof. Dr. Rolf Attsrom, Dept. of Periodontology, University of Lund, Sweden

XXth EDSA Meeting

Porto, September 1997

My first impression of Portugal was from a height of a few thousand feet as the plane came out of the clouds revealing a magnificant green landscape at the edge of the ocean. An impression that only grew better and better throughout the days that followed.

The XXth EDS meeting was hosted last September in Porto, an old picturesque city in the north of Portugal whose history and tradition was recently proclaimed as "world heritage" by UNESCO. In a place like this, our meeting could only be a fruitful and successful event.

Achieving huge participation from country members, we had the pleasure of welcoming Romania as a full member. Although there were a lot of new faces among the delegates, "team spirit" was developed from the very start and maintained throughout the 4 days. The result was in some very fruitful discussions and common conclusions.

During the meeting, much serious discussion took place on matters such as the future EDSA policy towards expansion and more active representation of the students' voice. The EDSA relations with many affiliated associations such as ADEE, EPSA

etc. were presented and the assembly investigated new ways to make this cooperation more fruitful for dental students. Ways of funding our projects were presented and discussed, especially mentioning the E.C. programmes such as SOCRATES and YOUTH FOR EUROPE. The idea of "Summer Universities" was presented step by step as well as the student exchange possibilities and prospects. Among other things, the delegates discussed a number of important matters in dental education. In most cases we have reached common conclusions that will be promoted on behalf of all dental students of Europe.

An inspiring social programme surrounded the meeting days and introduced all participants to the old and modern faces of Portugal. Of notable mention was a tour in the picturesque alleys of Porto and a visit to the traditional wine gallery, where we tasted a variety of wines with a splendid view of the city. Hanging around the alleys of the city centre, visiting the monuments, walking through the huge gardens and participating in the vivid nightlife was an unforgettable experience for all participants.



EDSA delegates on the XXth EDSA Meeting in Porto, Portugal, September 1997.

Accomodation was provided in a hostel by the river delta with a most colourful view of the sunset over the ocean. The open terrace hosted our relaxed evening meetings and over a glass of sweet wine we discussed the serious and the lighter side of all topics. We even solved some of the greatest problems of the world.

It is not easy to summarize all these busy days of short meetings like this is meant to be, yet as a conclusion I would say that it was a very successful meeting, propelling the EDS movement towards the top! I shall finish, by thanking once again the big team of organizers, who worked hard to make this meeting an undisputed success.

Nikos Mattheos EDSA President

EUROPEAN DENTAL STUDENTS ASSOCIATION EXECUTIVE COMMITTEE



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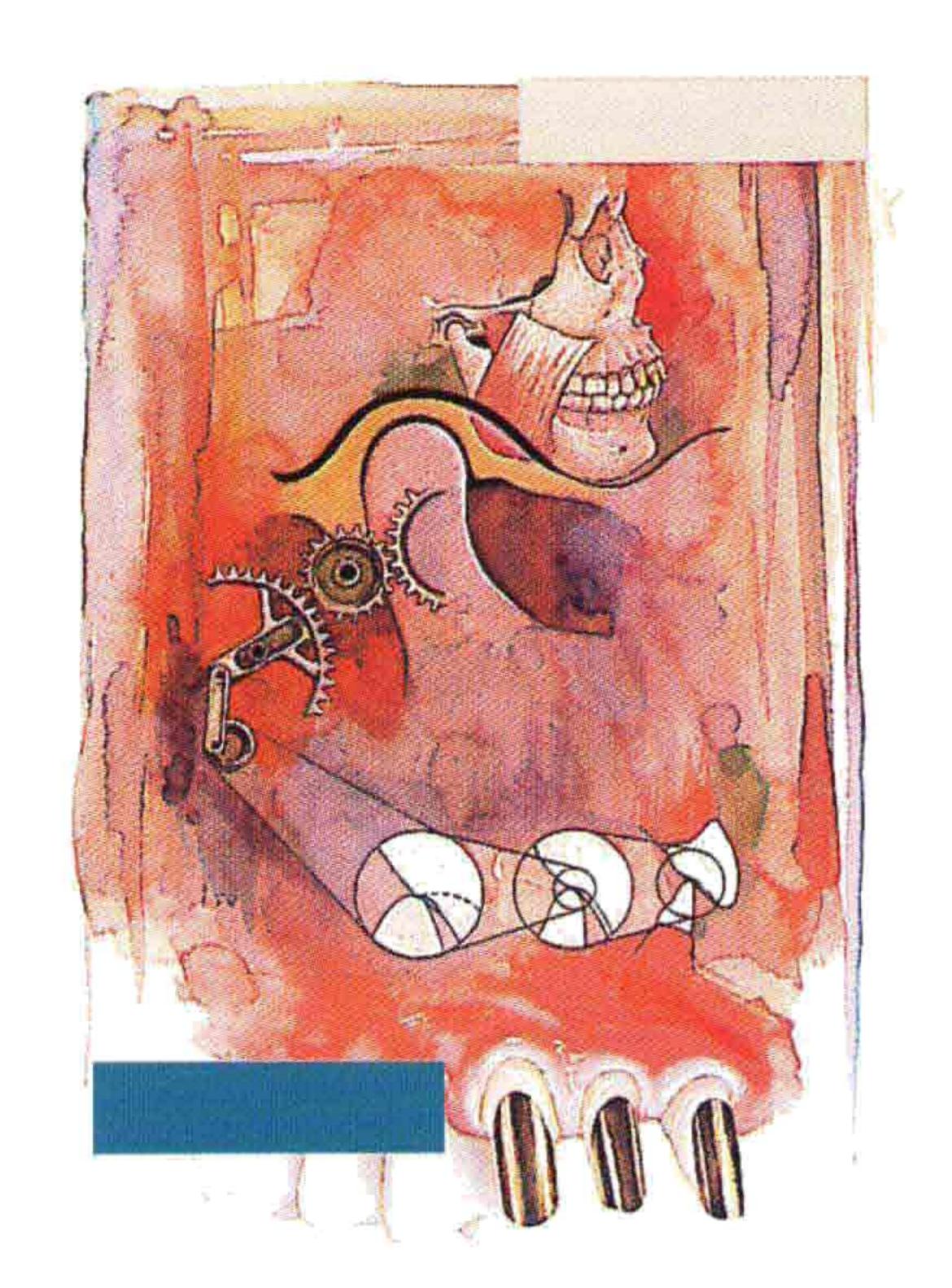
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The Best Way to Stay in Touch





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> 1 Volume 29 January 1998

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3rd CONGRESS OF THE EUROPEAN DENTAL STUDENTS ASSOCIATION

Barcelona 8-12th October 1998

Organized by the European Dental Students Association (EDSA), Spanish Federation of Dental Students (ANEO) and Odontolegs Universitaris Catalonian Dental Students Association (OU-AEOC)

For the first time ever, EDSA and FDI congresses will share dates and location:

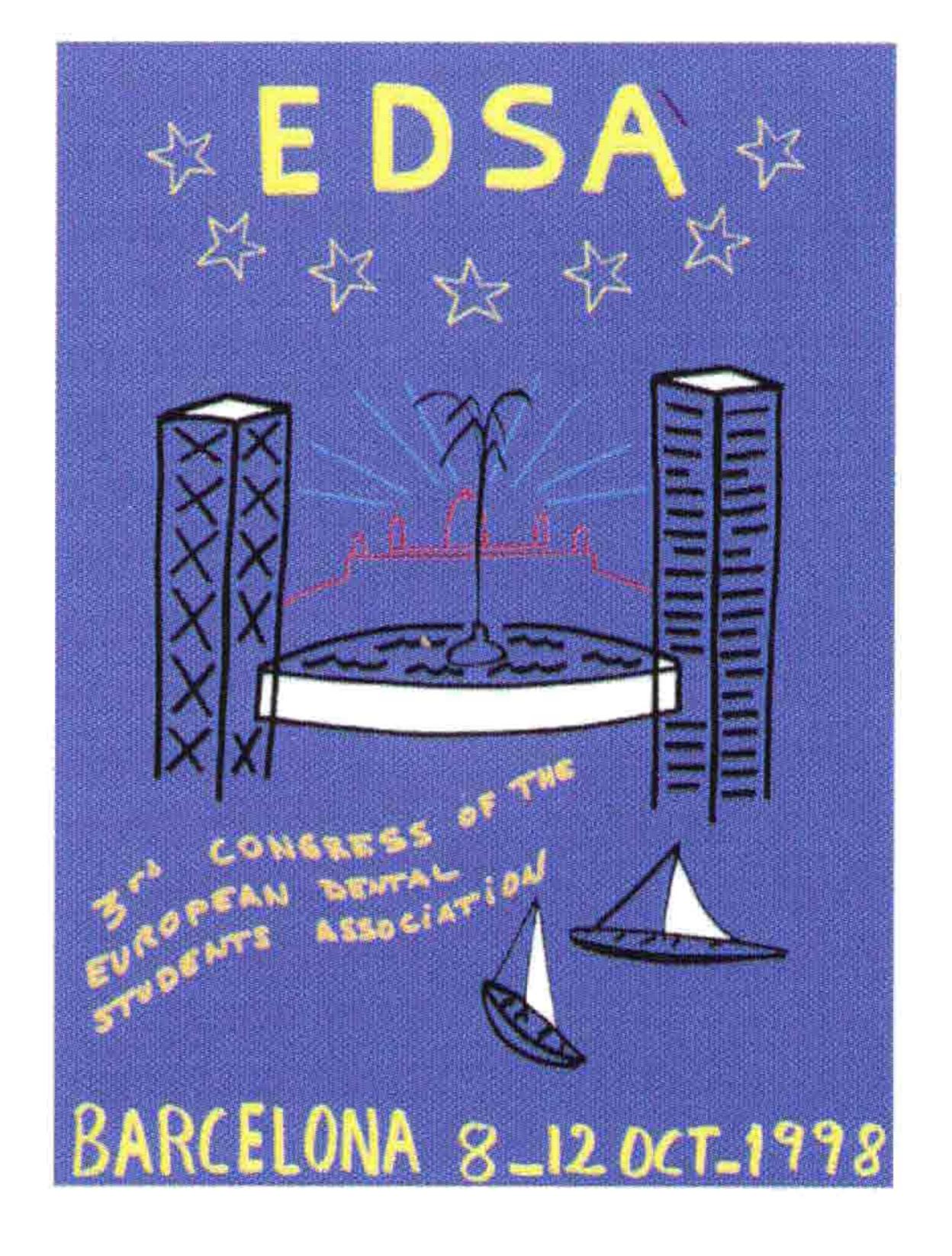
Barcelona, October 1998.

This whole week programme is specially designed to reach all the interests of a dental student: dental science – FDI programme and EDSA programme –, social programme (special "young nights" till late), EDSA meetings, cultural visits, sporting events and many other activities with plenty of time to socialize with young colleagues, an opportunity to form long future relationships. Link the young dental world!

WHAT ABOUT BARCELONA?

Barcelona, capital of Catalonia – an autonomous government inside the Spanish state – with a metropolitan area of about three million inhabitants. It is known for its balance between work and fun in a warm welcoming climate. The "Everything under the Sun" argument is still valid in Spain and of course in Barcelona.

Over time, the more than 200 years of history, the melting pot of many different cultures (Roman, Arab...) and the beautiful building jewels of Modernist and



Contemporary architecture have attracted a lot of people from all over the world who have fallen in love with this city of design and its citizens.

They have come and fallen in love with Barcelona!

EDSA is expecting you at the Mediterranean seaside!

WHAT ABOUT THE CONGRESS?

The organizing committee is offering several packages which include the EDSA congress (which will last from the 8th until the 12th of October) as well as the FDI scientific programme (which will last from the 9th until the 12th of October) We want to offer all of you the chance to

spend a whole week in our city, thus some pre-congress activities will be organized the three previous days. This means that package prices include a social programme of 5 or 8 days, and 4 days of lectures and a trade exhibition. EDSA tries to gather from 800 to 1000 students, and the FDI congress' aim is 15.000 participants. Check the different packages on the leaflets you will find at your dental school, please ask your local EDSA contact person.

"L'arc de triomf", Barcelona.



EDSA SPEAKER COMPETITION AND POSTER PRESENTATION

Those of you who are involved in any kind of scientific programme at your local university, will have the opportunity to present your work to all students. This can be

EDSA Congress

presentated in the form of short spoken explanations or printed paper. Basics, deadlines, awards and other details will be sent directly to your university.

The congress hall by night.



THINGS TO KEEP IN MIND

Party time in Spain... Special nightlife, social activities are arranged for students. Day by day and during the whole week by the local committee. All is to be shared with the YDW (Young Dentists Worldwide) social programme. Easy accommodation... All dental students will be lodged at the same hotel (only 15 minutes by foot from the FDI congress location and 10 minutes from pubs and discos) or in a youth hostel (not so central, but anyway only 5 minutes by foot from the underground which will take you straight to the Congress Palace in 15 minutes). City buses are also available all night.



"El parc Güell (1900-14) de Gràcia", realized by N'Antoni Gaudì.

Check the following webpages if you want further information:

http://www.sou.uni-lj.si/eds/ http://www.dentalnet.org/coec/jd/jde.html http://personal.redestb.es/eva/edsa.htm or write to raulm@arrakis.es

Raul Minoves Sabanes EDSA Barcelona

PRELIMINARY AGENDA EDSA Pre-congress (5-8th October 1998)

Monday 05.	10.98
12:00-16:00	Registration
17:00	Onimax Cinema 3D
21:00	Dinner at Maremagnum
	(Barcelona Seaside)
23:00	Dance at Maremagnum
	(inside or outside)
Tuesday 06.	10.98
08:00-09:00	Breakfast
09:00-13:00	Codorniu Wineries visit I
13:30-15:30	Lunch time
17:00-20:00	YDW scientific programme
	(all students allowed)
21:00-00:00	Dinner at Olympic Port
	(waiters in swimming suits)
00:00	YDW-EDSA disco party at
	Olympic Port
Wednesday	07.10.98
08:00-09:00	Breakfast
09:00	Departure to Port Aventura

amusement park

Back to Barcelona

(young tourist resort)

Night at the Royal Square

Thursday 08	.10.98
08:00-09:00	Breakfast
09:00-13:00	Registration FDI congress
13:30-15:30	Lunch time
16:00-19:00	Tour of Barcelona
19:00-20:00	Reception at city hall
21:00-23:00	Dinner at Maremagnum
23:00	YDW-EDSA disco party
Friday 09.10	QQ
08:00-09:00	
	FDI scientific programme
13:30-15:00	
The second secon	FDI scientific programme
	FDI Welcoming Ceremony at
	Sant Jordi's Stadium
22:00-00:00	Dinner at the 'Spanish Village'
00:00	YDW-EDSA disco party at the
	'Spanish village'
Saturday 10	10.98
08:00-09:00	
THE STATE OF THE S	FDI scientific programme
00.00	Di Coloniano programmo

13:30-15:00 Lunch time

21:00-23:00 Dinner time

23:00

15:00-18:00 EDSA speaker competition

19:00-20:30 Barcelona aquarium (biggest

of the Mediterranean)

YDW-EDSA disco party at

'Movida KT cagas'

	Sunday 11.10 0:00-08:00	Churros con chocolate (after party breakfast)
		Breakfast for the sleepers
	09:00-13:00	Astra Fun Run (jogging in Olympic Stadium)
П		FDI scientific programme
	14:00-15:00	Visit to Codorniu wineries II or
	10.00 10.00	museum tour
	21:00-23:00	YDW-EDSA closing ceremony
	23:00	and dinner Disco party
	20.00	
	Monday 12.1	
	08:00-09:00	Breakfast FDI scientific programme
	13:30-15:00	
ķ	15:00-19:00	FDI scientific programme
Ĝ		
	 *** *********************************	

20:00

22:00

CONGRESS FEES

Scientific Programme: 15.000 PTA

Hotel (4 nights in double room) 40.000 PTA

Youth Hostel (4 nights in shared

room, (limited up to 200 persons) 9.000 PTA

Congress social programme: 12.000 PTA

Pre-congress hosted in hotel: 41.000 PTA

Pre-congress hosted

in youth hostel: 18.000 PTA

Please, mark your option!

Package 1

Scientific programme

+ 4 night hotel (8-11 Oct)

+ social:

65.000 PTA

Package 2

Scientific programme

+ 4 night youth hostel (8-11 Oct)

+ social:

34.000 PTA

Package 3

Scientific programme

+ social:

27.000 PTA

Package 5

Package 2

+ pre-congress hosted in

youth hostel:

50.000 PTA

Package 4

Package 1

+ pre-congress hosted in hotel (+ 3 nights):

105.000 PTA

Package 6

Package 3

+ pre congress:

38.000 PTA

All prizes have % VAT included

All bank transfer's fees will be payed by the congressist, in advance, or in case, always before registration.

PAYMENTS WILL BE SENT TO THE FOLLOWING ACCOUNT:

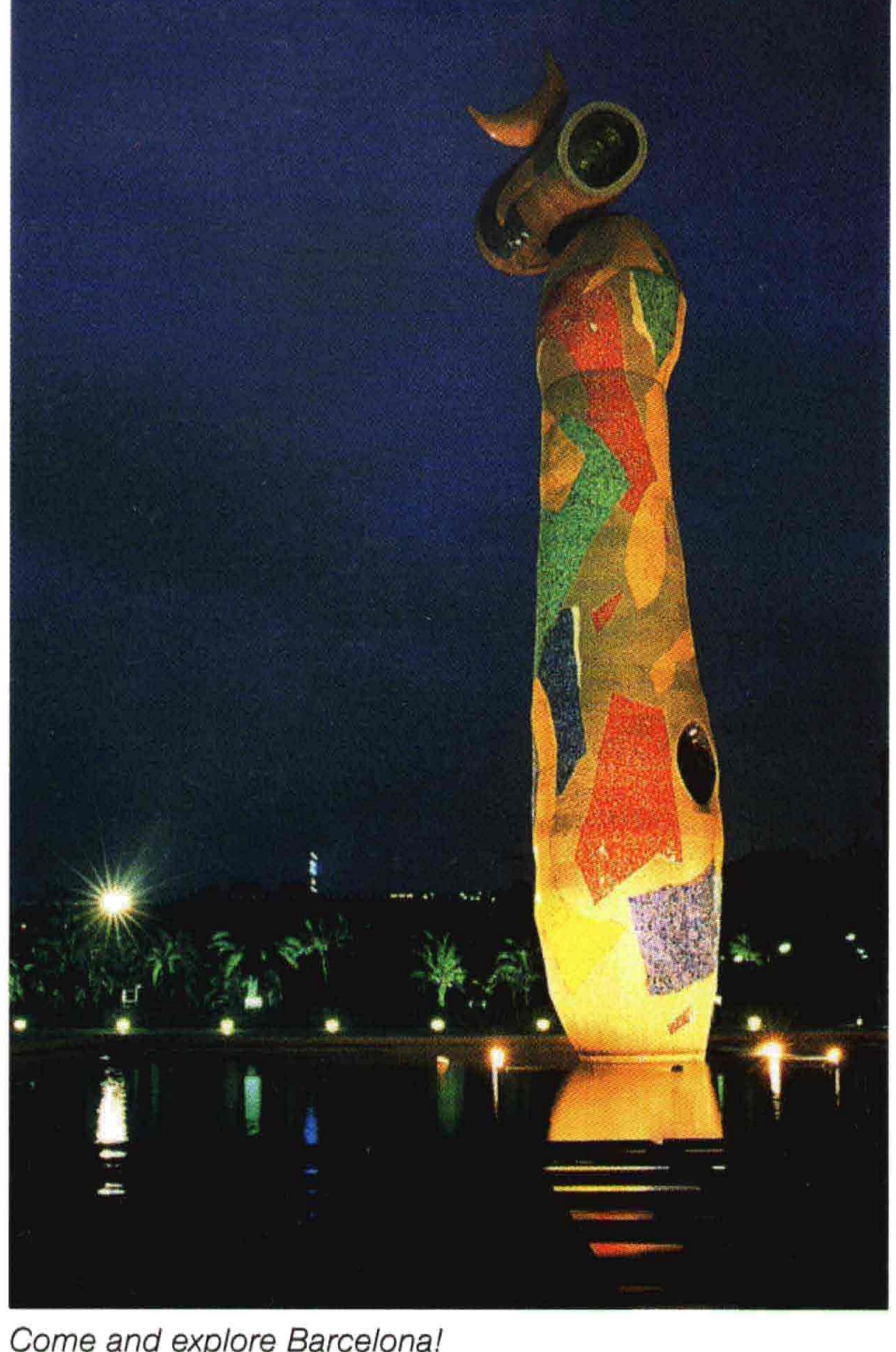
No: 2100-1031-45-0200075398

Bank office address:

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Of. Mejia Lequerica - Les Corts (1031)

08021 BARCELONA



Come and explore Barcelona!

BARCELONA 8_12 OCT_1998

(Please use block letter or type)		
LAST NAME		
FIRST NAME		
FULL ADDRESS		
CITY	CODE	
COUNTRY		
PHONE	FAX	
EMAIL		
I AM VEGETARIAN		
PLEASE SEND INFORMATION TO THE FOLLO	WING NAME(S)	
NAME		
ADDRESS		

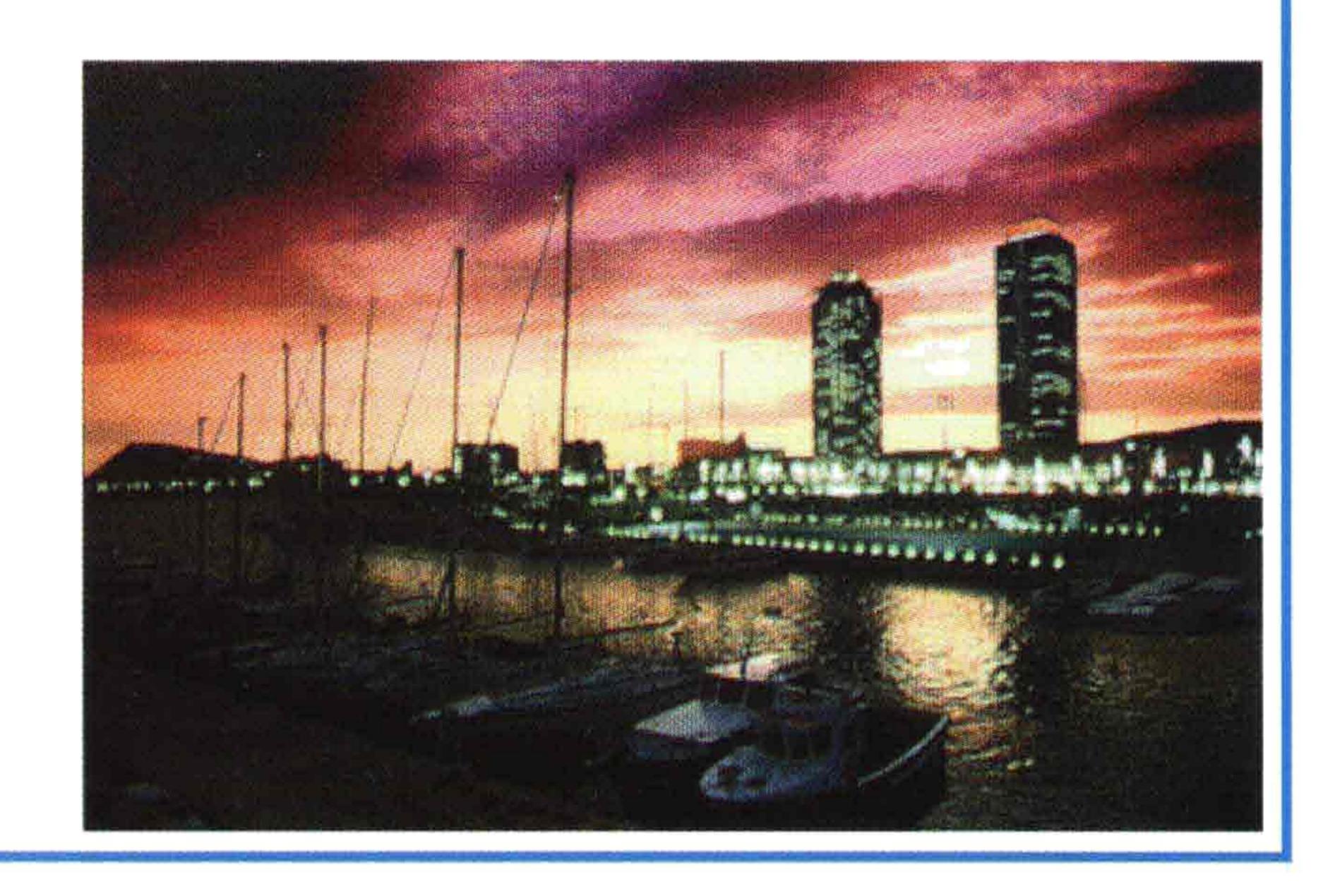
DEADLINES

- 1 Bank transfers must include 15.000 Pesetas for the FDI Scientific Programme.
- 2 Top date for apply to the EDSA Congress is 14th of September 1998.

Send these completed forms including your package option to:

EDSA CONGRESS COMMITTEE
Facultat Odontologia
Campus de Bellvitge C/Feiza Llarga s/n
Hospitalet Llobregat
08907 BARCELONA, SPAIN

Fax: + 3 43 402 42 12 Email: ou-aeoc@bell.ub.es



PROBLEM BASED LEARNING IN DENTISTRY?

INTRODUCTION

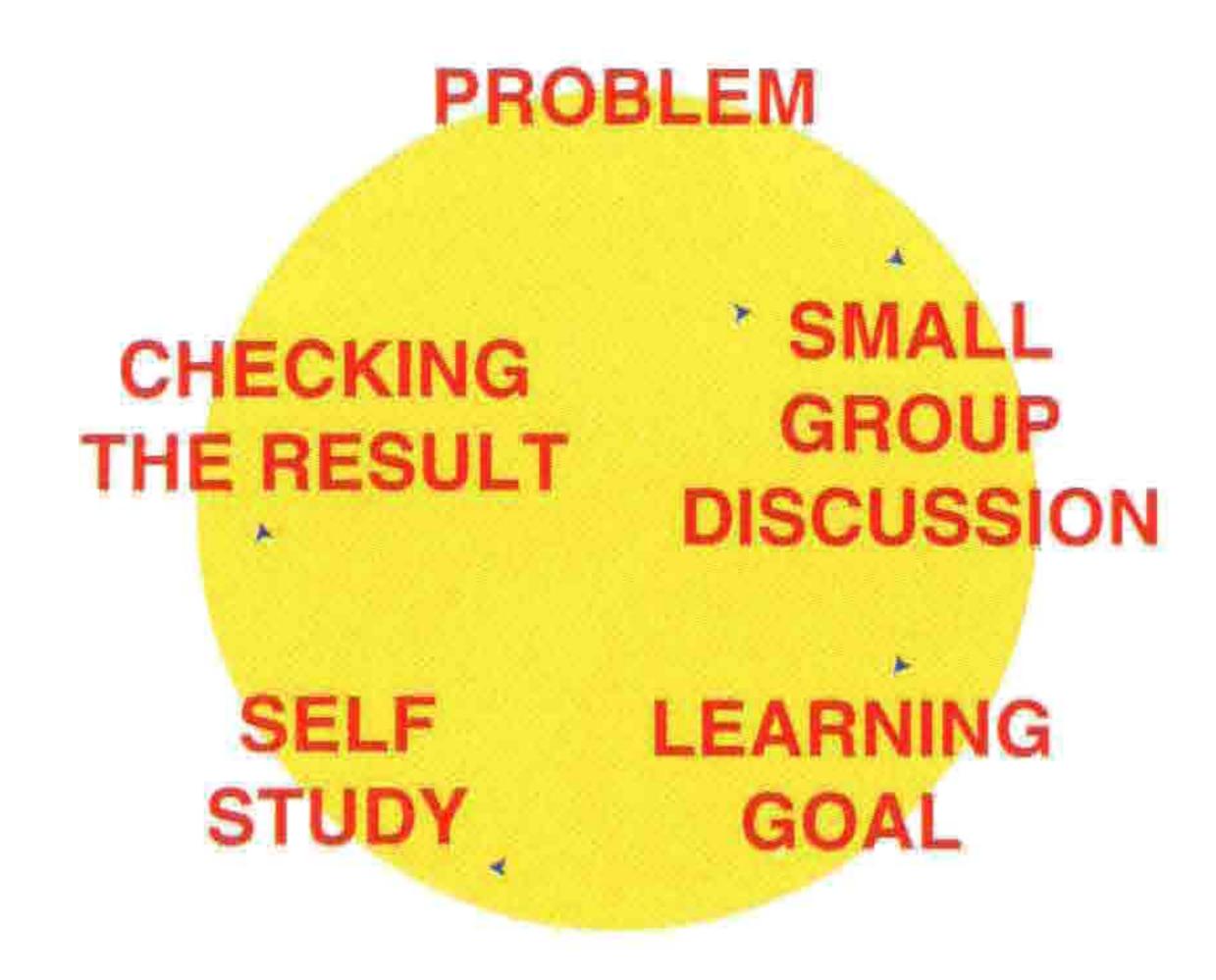
Some dental schools in Europe have recently introduced Problem Based Learning (PBL) into their curricula, which very simply comes down on tackling problems in a tutor group, consisting of a small number of students.

In this article I would like to discuss PBL, its advantages and disadvantages and finally draw a conclusion.

FIVE STEPS

An explanation of the successive steps to be taken to solve the problems will be essential for those readers who are not familiar with PBL. The actual problem in PBL is usually moulded into a story, from which the exact problem(s) is (are) to be extracted.

Students should, using their common sense, try to think of as much differrent explanations (1) as possible. The explanations are then to be arranged to come to a description of the underlying processes of the phenomena (2). Having achieved this,



Cyclic process of P.B.L.

learning goals (3) can be formula- During the latest months, the EDSA ledge gaps can be filled. Finally, the individual findings are to be discussed (5) in the tutor group. If the problem cannot be tackled by then, a new cycle is to be passed through, starting with formulating learning goals in another group discussion. Alternately, the group meets twice a week and studies individually.

DISCUSSION

Advantages of Problem Based Learning to be mentioned are the social pressure within the group. Only if everyone works hard, the problem can be tackled and the social skills developed by leading a group discussion (alternately), considering the concerns of others and explaining opinions or thoughts. Another advantage is the concentration on only one topic at the time. In my opion, however, most dentists as well as futer dentists are individualists to the backbone. Introduction of PBL in all dental schools might or will make some pupils feel not at home, because the difference in theory (group education) and practice (individual) could be overwhelming.

My plea is to seriousely reconsider the PBL in dentistry plan or at least reserve some dental schools across Europe for the conventional curricula, thus leaving the option for students to make their own choices. Your comments upon this article are more than welcome.

Olger Meijering, EDSA Headquarters, The Netherlands

Reference:

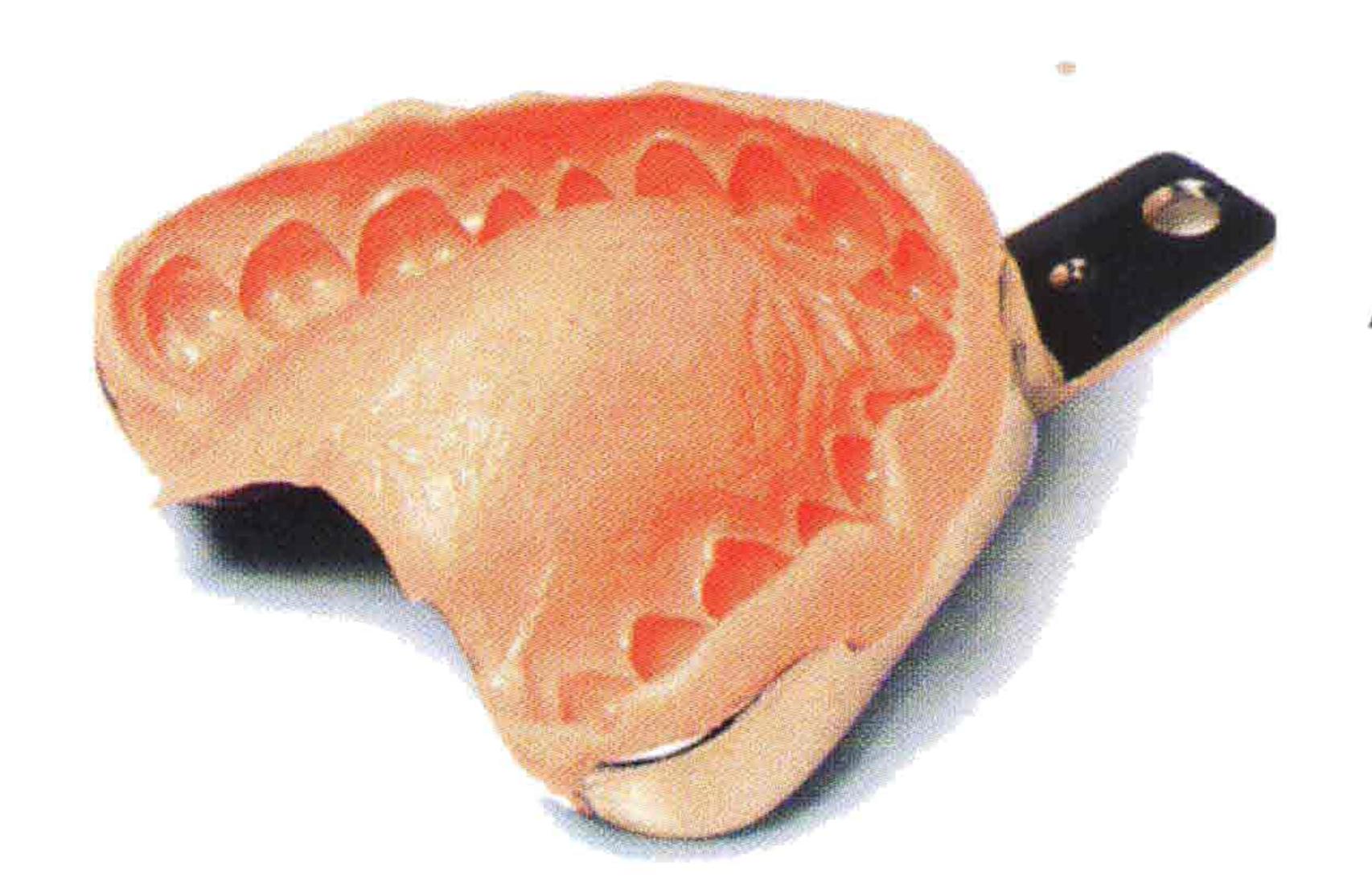
Schmidt, H.G. (1990); Educational Aspects of Problem Based Learning.

WOULD YOU TAKE YOUR PART?

ted. By means of selfstudy (4) know- has been in touch with the ADEE (Association for Dental Education in Europe). The ADEE is in charge of reforming and improving Dental Education in Europe, which means discussion about Education Programme, ways of thinking and any other aspect linked to Dental Education. The latest ADEE meeting was attended by the EDSA President, Nikos Mattheos, who has established a relationship of cooperation between the two associations. In that way, the ADEE is interested in knowing the dental students' point of view on the education. We find it is a great opportunity for all to transmit to the ADEE any regret, any complain, any objection, any compliment and any other opinion to be listened to and taken into account. We expect you to send to us any comment and letter you feel like. We have found that the best way to get to know your thoughts about specific points is through a survey, based on the latest decisions the ADEE has made on Dental Education (PBL, specialization of teachers, Exchange Programme,...)

> While we are waiting for the European Dental University survey, the Spanish Federation of Dental Students (ANEO) has held a brief one, showing some of the most relevant topics that are to be dealt within the EDS survey and discussed with the members of the ADEE later on. These results of the upcoming survey will allow us to reflect on the way we are being prepared and help us to begin constructing opinions regarding relevant and controversial topics.

> ...It is up to you to give us your opinion and thoughts! You will then have your voice heard! Natalia Porras Leal EDSA Vice-President

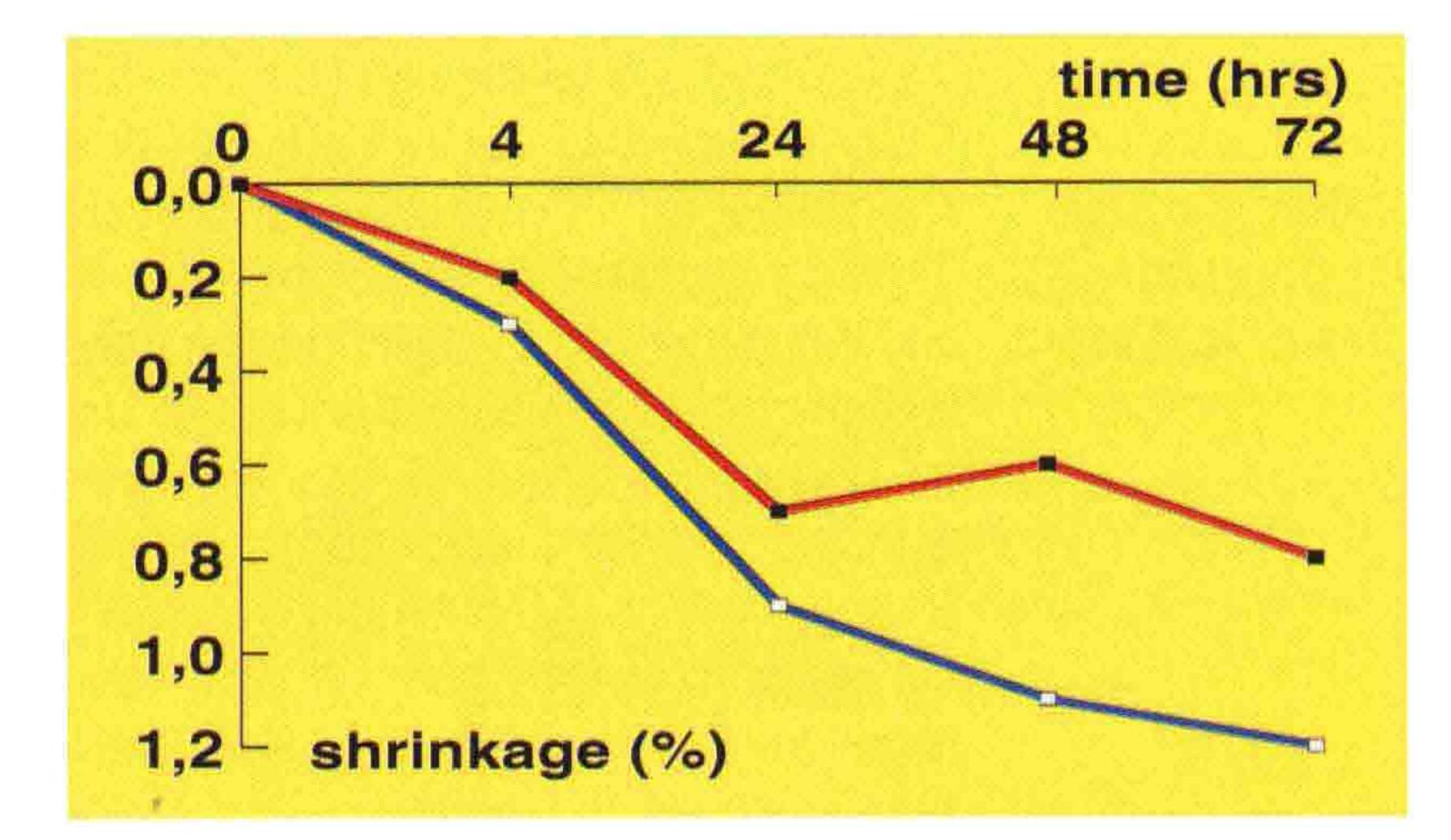


HOW TO DISINFECT ALGINATE IMPRESSIONS

Based on studies in our own laboratory and a growing number of publications in various dental journals, a short-term immersion during 10–15 minutes in a suitable water based disinfecting solution, is an effective and clinically acceptable way of infection control in the surgery and the dental laboratory for impressions made of alginate impression material.

The correct procedure is as follows:

- 1) Follow the general hygienic guidelines.
- 2 Rinse the impression, after removal from the patient's mouth, gently with tap water.
- Immerse the total impression plus tray, including the grip, for 10 minutes in a suitable water based disinfecting solution, prepared according to the manufacturer's instructions.
- 4 Rinse the impression gently with tap water.
- ® Remove excess water from the impression.
- 6 Pour the impression immediately with gypsum (this gives the best result) or store the impression for transport in an atmosphere of 100% R.H. (e.g. in a closed plastic bag, with a few drops of water or a moist piece of cotton-wool attached to the grip of the tray).



Dimensional change of alginate impressions (stored in 100% R.H.).

This procedure will guarantee:

- ono significant dimensional change
- on significant effect on detail reproduction
- no significant effect on surface-smoothness of the gypsum cast

The graph clearly shows that storage of an alginate impression in an atmosphere of 100 % R.H. does not result in a clinically significant shrinkage after 1 day or even 2 days.

In most studies, including one carried out in our own laboratory, sodium hypochlorite solutions (in concentrations ranging from 0.5–2%) or glutaraldehyde solutions (concentration 0.13–2%; pH below 8, otherwise possible adverse effect on the quality of the gypsum surface) were used. Although the main purpose of all studies was the effect of immersion on the dimensional stability of the impression and the quality of the gypsum surface, it is suggested many times that the solutions mentioned would be effective in terms of infection control.



NEWS FROM...

PORTUGAL

Dear dental friends,

Greetings from Porto-World Heritage. We have received the magazine which has a lot of success among our colleagues as well as the leaflets from the Barcelonas Congress.

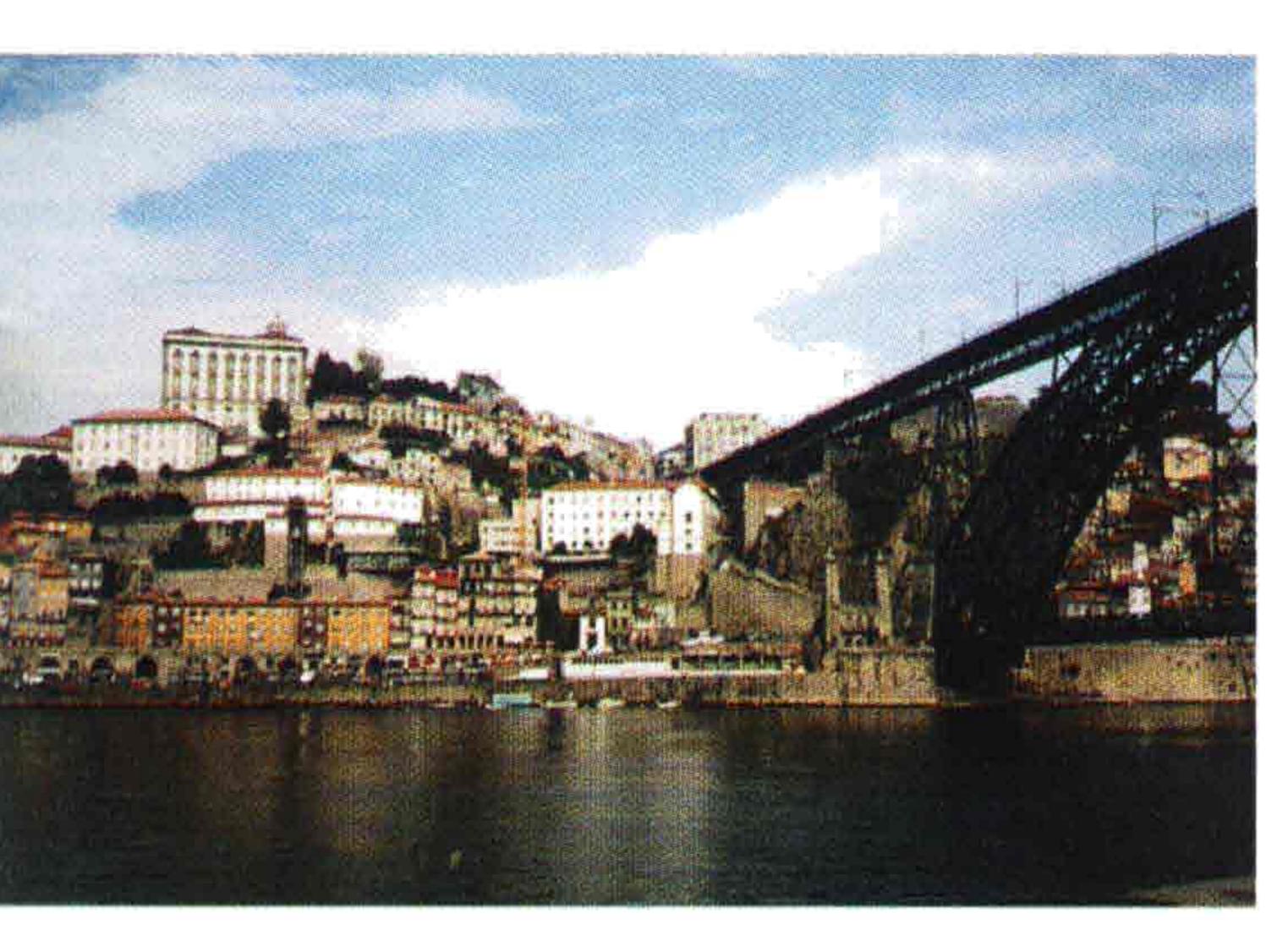
Our work continues, since the 20th EDSA meeting in September, the Portuguese Students Association has started many projects, had a lot of meetings and took some time to show our guests the part of the city classified as World Heritage.

On the 22nd of May, it will begin: The last world exhibition of the XXth Century – Expo 98, under the main theme the Oceans – a heritage to the future. This big event will take place in the renewed east part of Lisbon.

So, dont give up this chance, but come and visit our country to know its history!

Heritage for the future...

Pedro Gabriel Pinto (International Relation Affairs)



Porto... World Heritage.

GRANADA

The annual congress of the Federation of Spanish Dental Students (ANNEO) is the most important event for student of Spain. Every summer, dental students form all over Spain come together to discuss science and education, solve problems and share solutions. The idea was born early in March, during an EDSA Internet meeting and thanks to fast and effective action from EDSA delegates it was made possible. With the help of EDSA and funding from the E.C. programme "Youth for Europe", 17 Greek students from the dental faculty of Athens attended the Congress of ANNEO in Granada last July.

Our presence in Granada was an experience beneficial to both associations. For five days, students from both countries had the chance to come closer and talk, exchange views and ideas, explore similarities and differences, discuss our problems both from the serious and the lighter side, and discover how close we all are, sharing a common future in the United Europe we dream of. Like we say in EDSA We have a lot of things in common and this was a great chance to prove it!

The scientific part of the congress consisted of lectures by distinguished professors in the central lecture amphitheatre of the faculty. It also included a workshop where among other matters, students were widely

informed on EDSA and our latest activities.

Regarding the social portion, whatever I might write would be too little. With more parties than anyone could possibly attend, paella, sangria and a warm sunshine, surprises kept coming one after the other during the entire 5 days.

The beach Volley tournament that was organized, was another glorious moment for the EDSA, since the EDSA people were distinguished once again!

Among the 34 teams participating, our vice presidents team (Barcelona-Sevilla) was the champion, while the team of EDSA president (Athens-Madrid) ended up in the second place after a thrilling final game!

The Spanish dental students had not only organized a perfect scientific event, but also combined it with fun and culture in an unique way that left everyone happy, even those with the most discriminate taste.

Back in Athens, we had to sleep a whole week to recover, yet people in the faculty still talk about those days and are already planning the next step: Barcelona 98!!! The place where Europe's heart will be beating in October!! We have already booked our places! Just make sure you'll be there!

Nikos Mattheos, EDSA president

THE NETHERLANDS

The Dutch Dental Association (SISO tandheelkunde) has organized their first National Dental Students Congress ever held for dental students in Holland. More than 275 participants gathered in Nijmegen to join this successful congress. The theme of the congress was: Outsiders in Dentistry. They discussed many subjects like: treatment of elderly people, dentistry with animals, ergonomics, burn out, management of the dental practice, hands-on training implantology, atraumatic restorative dentistry and the next EDSA Congress has been promoted.

This whole day included lunch, dinner and a spectacular party where everybody enjoyed their new dental friends from Amsterdam, Nijmegen and Groningen. A new tradition has been born!

Casper P. Bots
The Netherlands

THE WORLD OF COMPUTERS

EDSA Internet-site Magline

http://www.sou.uni-lj.si/eds/

Provides you a lot of information about the EDSA, its members and activities. In MAGLINE's Congress section you will find addresses, contact persons, application forms, fees and a lot of other info. And of course in the Picture Gallery you can find some pictures of us in action. Do not be afraid of us, we do not bite, join us now!

Dental related Internet resources

http://www.dentalresources.com/

This site contains almost everything concerning dentistry. Here you can browse through the list of education sites, associations, dental labs, books, art, etc. Just click a subject and you will get a list of sites.

YAHOO Search

http://www.yahoo.com/health/ medicine/dentistry/

Yahoo brings you a lot of links to sites with dental subjects. You can choose from dental schools, organizations, companies, conferences and much, much more. This is a very good startsite, searching desired information. Everything is very well organized, and you can easily surf from one document to another.

Job search

http://www.netset.com/~dpps/ index.html

If you have just graduated and you are looking for a job, you have some opportunities on the Internet. Dental Personel Placement Services can provide you a job in Ohio. You can also get

some help on job interviews and resumes. Check it out!

Dentist Job search Australia

http://www.dentjob.com.au/ ~dentjob/index.html

Are you tired of Europe? You can get a job in Australia or New Zealand. Dentist Job search Australia provides some information how to seek employment.

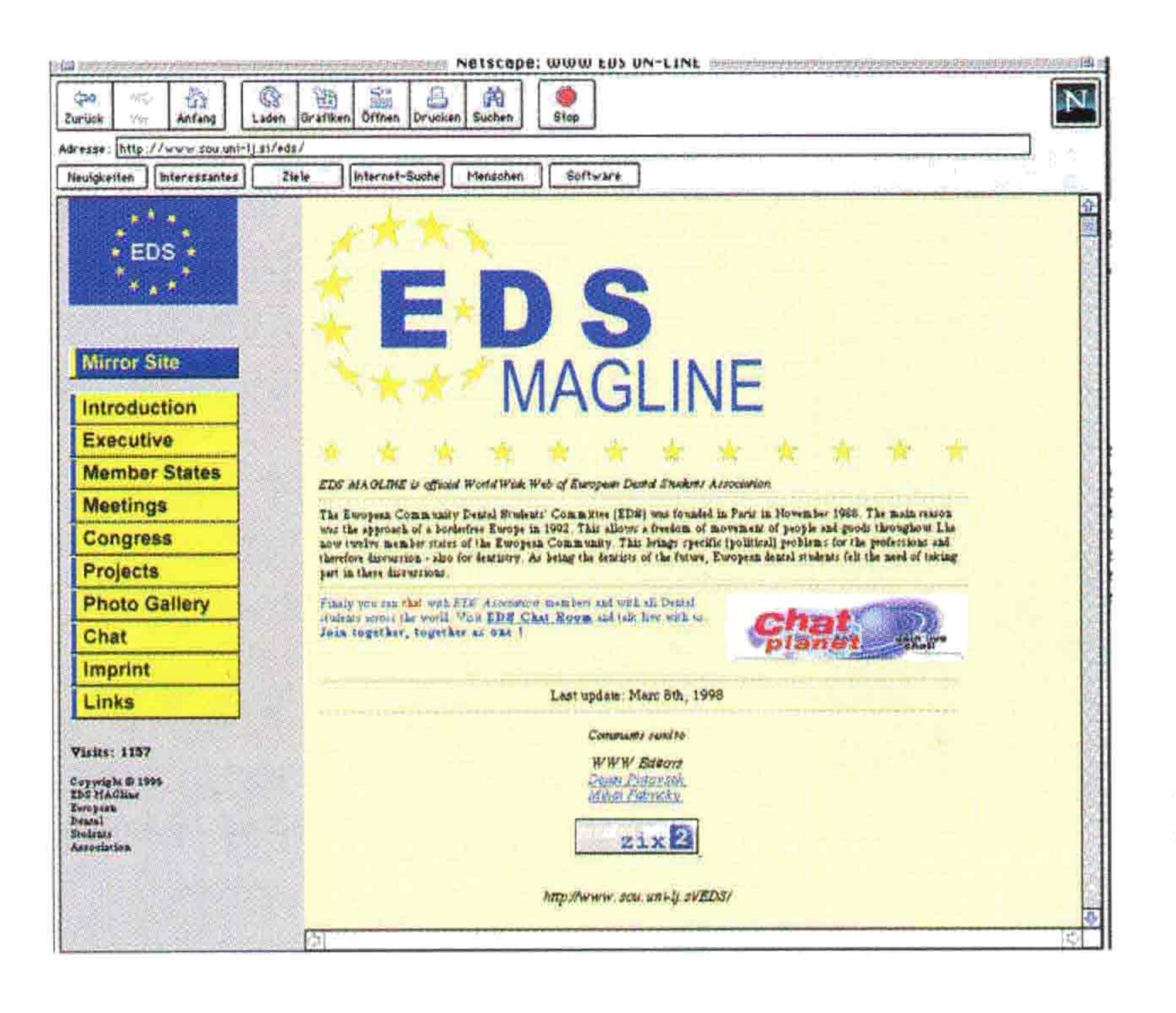
Dejan Pirtovsek WWW-editor, Slovenia.

YOUNG DENTISTS WORLDWIDE

Young Dentists Worldwide is organizing a pre-congress to the FDI World Dental Congress in Barcelona. From the 5th to the 12th of October 1998, young dentists can enjoy together a very special, social programmme as well as all the FDI scientific programme!

All information is available on Internet: http://www.ydw.org

Or directly from Dr. Nigel Camilleri, General Secretary; email: gigu@maltanet.net



Internet homepage of the EDSA.